



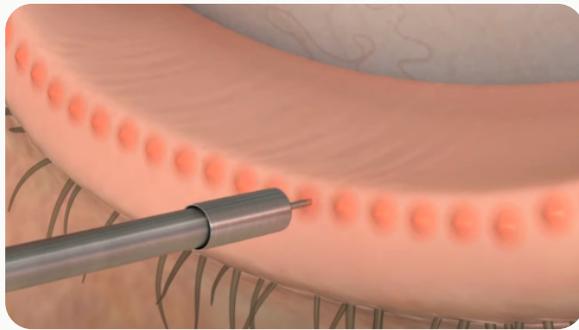
OkO Medical
Eyecare

Meibomian Gland Probing

TAKE HOME CARE



708-456-4362



ABOUT THE PROCEDURE

Meibomian gland probing is a specialized treatment to help open up blocked oil glands in your eyelids, which are essential for maintaining a healthy tear film and comfortable eyes. These glands can become blocked over time, leading to dry eye symptoms, irritation, or inflammation. The procedure aims to clear these blockages and improve the flow of natural oils, helping your eyes stay more comfortable and lubricated.

AT HOME BASICS

Eyelid Hygiene

Maintain your results with regular morning eyelid hygiene, using the doctor recommended cleansing solution.

Medication Management

Our skilled staff ensures clients follow their medication schedules, assisting with applying Tobradex ST drops to each eye, three times daily.

Supplement Guidelines

We encourage continued use of all current oral supplements, such as Omega-3s and Vitamin D3, to support overall eye health and wellness.

Restrictions

After the procedure, avoid makeup, extended screen time, lotions, artificial lashes, or any eye creams not related to the treatment for the first 24 hours.

Home Health Care



Oasis Lid & Lash



Optase Gel



Hypochlor



Zest Foam



Oasis Heat Mask



Eye Roller

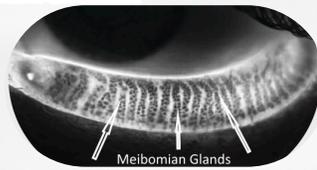


Oasis Tears Plus



Omega-3

Meibomian Gland Review



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HG

Healthy Gland

Characteristics of Healthy Meibomian Glands

- Normal meibum production
- Normal IDP (intra-ductal pressure)



PDO

Partial Distal Obstruction - Non-Functional

Non-Secreting Acini

- Reduced meibum production allows normal IDP, therefore no tenderness
- **No expressible meibum**
- Anecdotally associated with dietary changes (i.e. binge eating)

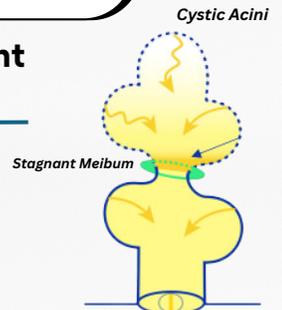


CPO

Complete Proximal Obstruction

Cystic Acini/ Stagnant Meibum

- **Tender** due to increased Intra Ductal Pressure
- Expressible meibum



Cystic Acini

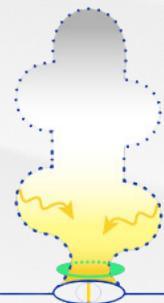
Stagnant Meibum

CDO-Atrophy

Complete Distal Obstruction - Non-Functional

Acinus Atrophy/ Stagnant Meibum

- **Tender** with increased IDP
- Decreased tenderness as gland deteriorates
- No expressible meibum



CPO-Atrophy

Complete Proximal Obstruction - Partial Atrophy

Loss of acinar ductal units with resultant short gland

- No tenderness
- Expressible meibum
- Partial atrophy



Whole Gland Atrophy

